



AGING SERVICES DIVISION

PROGRAMS
FOR OLDER
ADULTS AND
INDIVIDUALS
WITH
PHYSICAL
DISABILITIES

PROGRAMS

Aging and Disabilities Resource
Link

Assistive Safety Device
Distribution Program

Companionship

Dementia Care Service

Family Caregiver Support
Program

Guardian Establishment
Program

Home and Community Based
Services

Informed Choice

Legal Assistance Services

Lifespan Respite

Long Term Ombudsman
Program

Money Follows the
Person/Transition funds

Older American Act
Programs—Health
Maintenance, Nutrition
Assistance, Preventive Health,
Senior Community Service
Employment Program

Options Counseling Service

Skilled Care Referral for Long-
Term Services and Supports

Telecommunications
Equipment Distribution Service

Vulnerable Adult and
Protective Services Program

AGING AND DISABILITY RESOURCE LINK (ADRL)

1-855-462-5465,
OPTION 1

WHAT IS THE
AGING AND
DISABILITIES
RESOURCE LINK
(ADRL)?

Information and Referral
Assistance

Intake for Home and Community
Based Services

Referrals to Community Support
Coordinators

WHO CAN USE ADRL?

- Anyone can call ADRL for information and resources
- Centralized Intake for the entire State for HCBS, CSC, and Information & Referral
- There is no cost for this service
 - This does not mean that the referrals given to the consumer are free for their services; some may be free, some may not



ASSISTIVE SAFETY DEVICE DISTRIBUTION PROGRAM

Individuals age 60 and older

Provided through contract with ND Assistive

Assessment to determine need for safety devices; purchase, delivery, and installation (if needed) of assistive safety devices (grab bars, magnifiers, reachers, medication dispensers, seat lifts, etc.)

There is no cost for the services, however, individuals must be given the opportunity to contribute to the cost of the service. No one can be denied service due to inability or unwillingness to contribute. Contributions are used to provide additional services.

COMPANIONSHIP (ADRL)

- Reduces social isolation in older adults and individuals with physical disabilities who are not eligible for the home and community-based services waiver and live alone or with an individual who is not capable or obligated to provide care. Companionship services reduce social isolation which can have a negative impact to physical and mental health that can lead to institutional placement.
- Companions may assist or supervise the participant with such tasks as meal preparation, laundry and shopping but this service does not replace Homemaker (HMK) tasks. The provision of companion services does not entail hands-on nursing care or medication administration. Providers may also perform light housekeeping tasks that are incidental to the care and supervision of the participant. This service must be provided in accordance with a therapeutic goal in the care plan and/or service authorization.
- Must be age 60 minimum and served by a program of Aging Services (i.e. Options Counseling, Senior meals, etc)

DEMENTIA CARE SERVICES

- Serves individuals with dementia or who are suspecting dementia and their caregivers
- No charge
- Provided by ND Alzheimer's Association
- Services
 - Care consultation, including assessment of needs
 - Education and training for care providers to manage and provide care for individuals with dementia
 - Facilitation of referrals to appropriate care and support services
 - Information to medical professionals, law enforcement, caregivers and the public regarding dementia symptoms, benefits of early detection and treatment, and services available

FAMILY CAREGIVER SUPPORT PROGRAM

- Who is Eligible
 - Caregivers age 18 and older caring for an individual age 60+ or individual with Alzheimer's disease or related dementia regardless of age
 - Grandparents or older relative caregivers age 55+ caring for a child age 18 or younger or caring for an adult child with a disability between the ages 19-59
 - Caregiver must live in the same home as the individual receiving the care
 - Must be providing care 24/7 with a max of respite from other sources of 8 hours per week
 - Cannot be eligible for other services such as Home and Community Based Services to provide the assistance
 - Cannot be used if client lives in assisted living

FAMILY CAREGIVER SUPPORT PROGRAM (CONTINUED)

- Services
 - Information about local resources
 - Assistance to help caregivers assess needs and access support services
 - Individual and family counseling
 - Training
 - Respite care
 - Supplemental services such as safety devices or incontinence supplies to complement the care provided by the caregiver
- There is no income/assets limit for this program and the service is free, however, individuals must be given the opportunity to contribute to the cost of the service.

GUARDIANSHIP ESTABLISHMENT PROGRAM

Individuals 18 and older who meet the definition of incapacitated

- “Incapacitated person—any person who is impaired by reason of mental illness, mental deficiency, physical illness or disability, or chemical dependency to the extent that the person lacks capacity to make or communicate responsible decisions concerning that person’s matters of residence, education, medical treatment, legal affairs, vocation, finance, or other matters, or which incapacity endangers the person’s health or safety

Must have income at or below 100% of federal poverty level or are Medicaid Eligible

Must not be eligible for Developmental Disabilities Case Management

It provides payments to petitioning attorney, guardian ad litem, and court visitor up to maximum amount

State Form Number (SFN) 1177

No charge for this service

HOME AND COMMUNITY BASED SERVICES (HCBS)

To Qualify for HCBS there are guidelines for both financial and functional criteria

- Assets under \$50,000 (excludes primary home as long as they are living in it and 1st vehicle)
- Income limits based on sliding fee scale but typically need to be at least under \$2000/month income
- Need to meet functional criteria (varies depending on program)

Disability cannot be result of diagnosis of intellectual disability or related condition; mental illness (exception for some programs if on SSI and Medicaid)

- These clients may be served by DD or SMI programs (ie: 1915i, Targeted Case Management with Community Options)
- Clients that are eligible for DD programs cannot choose to stop DD and move to HCBS
- We get referrals for parents wanting to be paid caregiver for the DD client, and unfortunately HCBS cannot offer this

INFORMED CHOICE

- For Medicaid Members who are referred for Nursing Facility Level of Care
- Provides education of alternatives to Nursing Facility such as PACE or Home and Community Based Services
- Case Managers are following clients in the hospitals and SNF to ensure they have been given all options to explore to aid in determining client driven care
- If a client is in a SNF or Swing Bed then the process may be done via a Skilled Care Referral for Long-term Services and Supports (SFN 584) as this process does not require the client to be on Medicaid

LEGAL ASSISTANCE SERVICE

Individuals age 60+ (Older American Act targeting applies)

Legal casework within required categories of: abuse, age discrimination, guardianship defense, health care, housing, income, long-term care, neglect, nutrition, protective services, utilities

Call toll-free hotline 1-866-621-9886

LIFESPAN RESPITE

Lifespan Respite Care Grant Service may offer funding for a short break for family caregivers who are experiencing events such as:

- Caregiver illness
- Illness of a loved one
- Ongoing medical cares such as scheduled cancer treatments or medical appointments
- Funerals/wake
- Substance use disorder
- Risk of loss of employment
- And more

Referral for this program can only come from a professional or agency, not an individual

SFN 548

LONG TERM OMBUDSMAN PROGRAM

For residents of:

- Nursing facilities
- Basic care facilities
- Hospital swing beds
- Sub-acute and transitional settings
- Assisted living facilities

Services:

- Receive and investigate complaints made by or on behalf of residents
- Complaint resolution
- Advocacy for residents
- Information and consultation of long-term care issues

No fee for this service

MONEY FOLLOWS THE PERSON/TRANSITION FUNDS

- Money Follows The Person
 - The purpose of the MFP Grant Program is to assist Medicaid eligible individuals with transitioning from a hospital or nursing facility back to a qualified community home
 - Program Highlights
 - MFP can assist individuals who may not meet Nursing Facility (NF) Level of Care (LOC) screening requirements at discharge.
 - Assists with transitions only for those individuals with a 60-day or longer institutional admission.
 - Provides the same level of transition service prior to discharge as HCBS CTS.
 - Can pay for 1st month's rent as part of a rental deposit.
 - Individual has access to the MFP Grant Rental Assistance Program
 - Able to pay for food assistance.
 - Provides up to 365 days of transition coordination support after discharge.
 - Provides additional support services not available in the waiver to assist with adjustment to community living

MONEY FOLLOWS THE PERSON/TRANSITION FUNDS (CONT.)

- ADRL Flexible Transitional and Institutional Diversion Funds
 - The purpose of this service is to increase transitions from provider operated group facilities to a home and community-base settings. This service assists individuals with disabilities in direct threat of institutionalization to remain in the community.
 - Program Highlights
 - Could assist with move back to the community, with a move to a more appropriate community-based dwelling from a substandard living situation or to a home that meets newly developed accessibility needs, or from a living situation that poses an imminent safety risk verified by the transition provider.
 - Eligible use of funds include, but not limited to, environmental modifications, assistive technology, security deposits, furnishings, moving costs, and utility deposits/hook-up fees
 - Need to have significant disability that limits one or more major life activities
 - An individual with incomes up to 138% the most current Federal Poverty Level as established in the ND Medicaid Expansion Income requirements or is receiving Medicaid, Medicaid Expansion or has a pending Medicaid application and is discharging from a provider operated residential
- SNF 649

OLDER AMERICAN ACT PROGRAMS (ADDITIONAL)

- Health Maintenance Services Program
 - Age 60+
 - Blood pressure, foot care, home visits, Medication set up (services are provided by contract providers)
- Nutrition Services Program
 - Age 60+ and spouse regardless of age
 - Volunteers under age 60 providing meal services during meal hours
 - Individuals with disabilities under age 60 but living with someone over age 60
 - Congregate meals, Home-delivered meals, nutrition education/counseling/screening
- Preventative Health Program
 - 60+
 - Falls Prevention and Powerful Tools for Caregiving (contract providers)

OPTIONS COUNSELING

- Assists adults age 60+ or with physical disability and family members to find available services in the community.
- Complete a home visit, assess needs, and make referrals to community services and resources
- Follow up contact to determine if needs were addressed
- No charge for this service, however, individuals must be given the opportunity to contribute to the cost of the service.
- This is the option often used when client may not qualify for Home and Community Based Services due to over on financial limits but could benefit from more in person approach
- Good option when family is out of state and wants to explore options for their loved one in ND

SKILLED CARE REFERRAL FOR LONG-TERM SERVICES AND SUPPORTS

- Program to help clients in SNF, Basic Care, Swing Bed, ND State Hospital, LTACH explore options to return to the community
- SFN 584
- Info needed on the form that indicates if Medicaid, Medicare, Private Pay, etc., to allow the appropriate people to get involved

TELECOMMUNICATIONS EQUIPMENT DISTRIBUTION SERVICE

- Individuals who have difficulty using the phone or communication device because of severe hearing loss, speech impairment or physical disability
- Must meet income guidelines (based on estimated median income for ND)
- Assessment to determine the individual's specialized telecommunication need
- Specialized telecommunication devices that enable or assist person to communicate with others
 - Captioned phones, ring signalers, large button phones with talking keys, photo digital dialing, etc
- Provided through ND Assistive
- No charge for this service

VULNERABLE ADULTS AND PROTECTIVE SERVICES

- If in doubt, report!!! You are likely a mandated reporter.
- **URGENT:** If a vulnerable adult is in **immediate danger**, call law enforcement **NOW** and afterwards report concerns to Vulnerable Adult Protective Services
- Ways to report
 - Filing a report **online** at: <https://bit.ly/3vbYbEj>
 - Completing and submitting the reporting form www.nd.gov/eforms/doc/sfn01607.pdf
 - Via email to dhsvaps@nd.gov or fax to 701.328.8744
 - Contacting the Vulnerable Adult Protective Services Central **Intake Line** toll-free at **1.855.462.5465, Option 2**. Messages can be left after hours.

WHAT ARE SOME EXAMPLES OF OTHER REFERRALS MADE?

Family First

Developmental Disabilities Division

Mental Health Services

Economic Assistance Programs

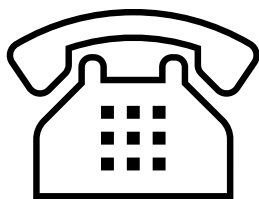
Rent Assistance Programs

High Plains Fair Housing

Housing Coordinators

Older Americans Who are Blind Program

Many, many more!



HOW CAN I REACH THE ADRL?

- By calling 1-855-462-5465, option 1
- Email: carechoice@nd.gov
- Online: <https://carechoice.nd.assistguide.net>

THE AGING AND DISABILITY RESOURCE-LINK (ADRL) OF NORTH DAKOTA

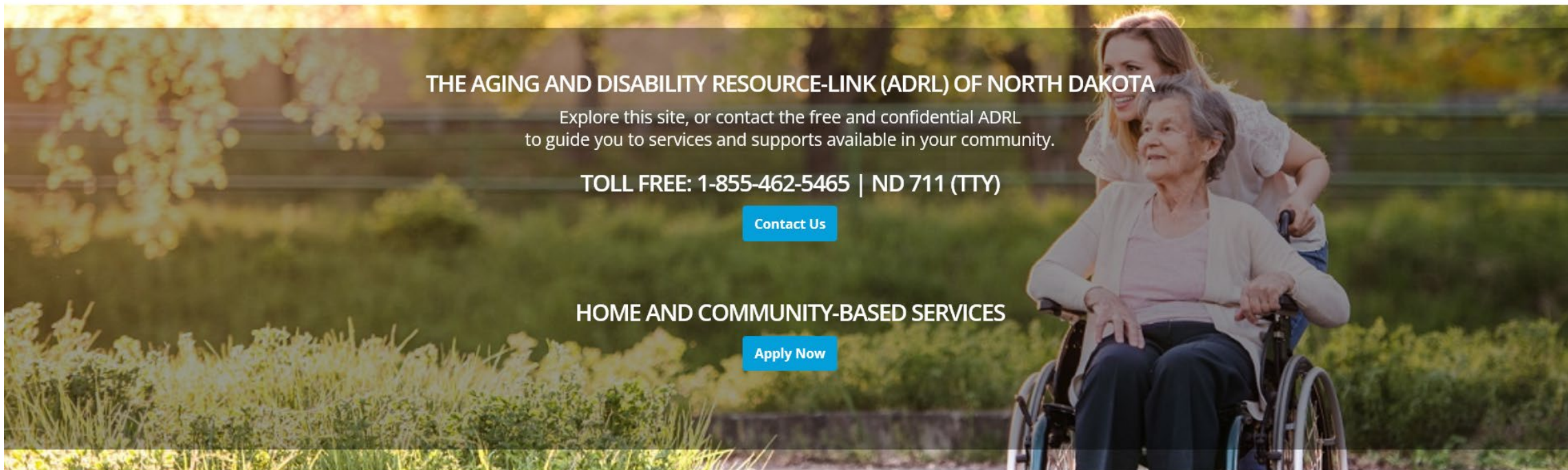
Explore this site, or contact the free and confidential ADRL
to guide you to services and supports available in your community.

TOLL FREE: 1-855-462-5465 | ND 711 (TTY)

[Contact Us](#)

HOME AND COMMUNITY-BASED SERVICES

[Apply Now](#)



ADRL Web Intake

If you know of an individual who may benefit from receiving services in their home, complete the following referral form by providing information about the individual, their contact information, and the type of assistance that may be needed. The red asterisks (*) are required to be filled out.

ADRL Web Intake

1. Referral Source Information

Full name of person making the referral * Note

Street Address

City

State

Zip Code

Phone Number *

Email Address

If an Agency/Organization is referring the individual, please provide the name of the organization

LINK FOR PUBLICATIONS FOR AGING SERVICES PROGRAMS

- <https://www.nd.gov/dhs/info/pubs/aging.html>



QUESTIONS?